



ทำวัตรเช้า Morning Chanting

yo so phakhawa arahang sammasamphuttho
sawakkhato yena phakhawata thammo
supatipanno yatsa phakhawato sawakasangkho
tammayang phakhawantang sathammang sasangkhang
imehi sakkarehi yatharahang aropitehi ahipuchayama
sathu no phante phakhawa suchiraparinipphutopi
patchimachanatanukampamanasa
ime sakkare thukkhatapannakaraphute patikkhanhatu
amhakang thikharattatang hitaya sukhaya.

arahang sammasamphuttho phakhawa
phutthang phakhawantang aphiwathemi.
sawakkhato phakhawata thammo
thammang namatsami.
supatipanno phakhawato sawakasangkho
sangkhang namami.

Lead: hantha mayang phutthatsa phakhawato
pupphaphakhanamakarang karoma se.

All: namo tatsa phakhawato arahato sammasamphutthatsa.
namo tatsa phakhawato arahato sammasamphutthatsa.
namo tatsa phakhawato arahato sammasamphutthatsa.

Lead: hantha mayang phutthaphithuting karoma se.

All: yo so tathakhato arahang sammasamphuttho ,
witchacharana sampanno sukhato lokawithu anuttaro
purisathammasarathi sattha thewamanutsang phuttho phakhawa
, yo imang lokang sathewakangsamarakang saphrammakang,
satsamanaphrammaning pachang sathewamanutsang sayang
aphinya satchikattawa pawethesi ,yo thammang thesesi
athikanlayanang matchekanlayanang pariyo sanakanlayanang ,
satthang saphayanchanang kewalaparipunnang parisutthang
phrammachariyang pakasesi ,tamahang phakhawantang
aphipuchayami tamahang phakhawantang sirasa namami.

Lead: hantha mayang thammaphithuting karoma se.

All: yo so sawakkhato phakhawata thammo , santhitthiko akaliko ehipatsiko , opanayiko patchattang wethitappho winyuhi , tamahang thammang ahipuchayami tamahang thammang sirasa namani.

Lead: hantha mayang sangkhaphithuting karoma se.

All: yo so supatipanno phakhawato sawakasangkho , uchupatipanno phakhawato sawakasangkho , yayapatipanno phakhawato sawakasangkho , samichipatipanno phakhawato sawakasangkho , yathithang chattatari purisayukhani attha purisapukkhala , esa phakhawato sawakasangkhon ahunoeiyo pahunoeiyo thakkhineyyo anchalikaraniyo , anuttarang puyayakkhattang lokatsa , tamahang sangkhang ahipuchayami tamahang sangkhang sirasa namami.

Lead: hantha mayang ratanattayappanamakhathayo chewa sangwekha parikittana pathancha phanama se.

All: phuttho susuttho karunamahannawo
yotchantasutthappharayanalochano
lokatsa papupakilesakhatako
wanthami phutthang ahamatharena tang
thammo pathipo wiya tatsa satthuno
yo makkhapakamataphethaphinnako
lokuttaro yo cha tathatthathipano
wanthami thammang ahamatharena tang
sangkho sukhettapayatikhettasanyito
yo thitthasanto sukhatanuphothako
lolappahino ariyo sumethaso
wanthami sangkhang ahamatharena tang
itchewamekantaphipuchanoeiyakang
watthutayang wanthyataphisangkhatang
puyyang maya yang mama sapphupatthawa
ma hontu we tatsa paphawasitthiya

itha tathakhato loke uppanno arahang sammasamphuttho, thammo cha thesite niyyaniko uppasamiko parinipphaniko samphothakhami sukhatappawethito , mayantang thammang suttawa ewang chanama chatipi thukkha charapi thukkha , maranampi thukkhang , sokaparitthewathukkhathomanatsupayasapi thukkha , appiyehi sampayokho thukkho piyehi wippayokho thukkho yampitchang na laphati tampi thukkhang , sangkhittena panchupathanakkhantha

thukkha , soeyathithang , rupupathanakkhantho , wethanupathanakkhantho , sanyupathanakkhantho , sangkharupathanakkhantho , winyanupathanakkhantho , yesang pariyyaya , tharamano so phakhawa , ewang phahulang sawake wineti , ewang phakha cha panatsa phakhawato sawakesu anussani phahula pawattati , rupang anitchang , wethana anitcha , sanya anitcha , sangkhara anitcha , winyanang anitchang , rupang anatta , wethana anatta , sanya anatta , sangkhara anatta , winyanang anatta , sapphe sangkhara anitcha , sapphe thamma anattati , te mayang otinnamaha chatiya charamaranane , sokehi parithewehi thukkhehi thomanatsehi upayasehi , thukkhotinna thukkhapareta , appawananimatsa kewalatsa thukkhakkhanthatsa antakiriya panyayethati , chirapariniphutampi tang phakhawantang uthathitsa arahantang sammasamphutthang , sattha akharatsama anakhariyang pappachita , tatsaming phakhawati phrammachariyang charama , phikkunang sikkhasachiwasamapanna , tang no phrammachariyang imatsa kewalatsa thukkhakkhanthatsa antakiriyaya sangwattatuti.

ຕົ້ນຂະណິກະປ່ຈຈະເວກຂະណະວິທີ Tangkhanikapatatchawekkhanawithi

Lead: hantha mayang tangkhanikapatatchawekkhana pathang phanama se.

All: patisangkha yoniso chiwarang patisewami , yawathewa sitatsa patikhata , unnahatsa patikhata , thangsamakasawatata pasing sapasamphatsanang patikhata , yawathewa hirikopinapatitcha thanatthang.

patisangkha yoniso pinthapatang patisewami , newa thawaya na mathaya na manthanaya na wiphusanaya , yawathewa imatsa kayatsa thitiya yapanaya wihingsuparatiya phrammachariyanukkhahaya , iti puranancha wethanang patihangkhami nawancha wethanang na uppatheretsami , yatara cha me phawitsati anawatchata cha phasuwihiro chati.

patisangkha yoniso senasanang patisewami , yawathewa sitatsapatikhata , unnahatsa patikhata , thangsamakasawatata pasiring sapasamphatsanang patikhata , yawathewa utuparitsayawinothanang patisanlanaramatthang.

patisangkha yoniso khilanapatchayaphesatchaparikkharang patisewami , yawathewa uppannanang woeiyaphathikanang wethananangpatikhata , appayapatchaparamatayati.

ธาตุปะกຸລະປ່ຈຈະເວກຂະນະວິທີ. Thatupatikulapatchawekkhanawithi.

Lead: hantha mayang thatupatikulapatchawekkhana pathang phanama se.

All: yathapatchayang pawattamanang thatumattamewetang yathithang chiwarang tathupaphunchako cha pukkhalo thatumattako nitsatto nitchiwo sunyo sapphani pana imani chiwarani achikhutchaniyani imang putikayang pattawa atiwiya chikhutchaniyani chayanti.

yathapatchayang pawattamanang thautmattamewetang yathithang pinthapato tathupaphunchako cha pukkhonlo thatumattako nitsatto nitchiwo sunyo sappho panayang pinthapato achikhutchaniyo imang putikayang patatwa atiwiya chikhutchaniyo chayati.

yathapatchayang pawattamanang thatumattamewetang yathithang senasanang tathupaphunchako cha pukkhalo thautmattako nitsatto nitchiwo sunyo sapphani pana imani senasanani achikhutchaniyani imang putikayang pattawa atiwiya chikhutchaniyani chayanti.

yathapatchayang pawattamanang thatumattamewetang yathithang tathupaphunchako cha pukkhalo thatumattako nitsatto nitchiwo sunyo sappho panayang khilanapatchayaphesatchaparikkharo achikhutchaniyo imang putikayang pattawa atiwiya chikhutchaniyo chayati.

ປັຕິທານະຄາດາ. Pattithanakhatha.

Lead: hantha mayang pattithana khatha yo phanama se.

All: ya thewata santi wiharawasini

thupe khare photkhare tahiing tahiing ta thammathanena phawantu puchita sotthing karontetha wiharamanthale thera cha matcha nawaka cha phikkhawo saramika thanapati upasaka khama cha thesa nikhama cha itsara

sappanaphuta sukhita phawantu te
chalaphucha yepi cha anthasamphawa
sangsethachata athawopapatika
niyyanikang thammawarang patitcha te
sapphepi thukkhatsa karontu sangkhayang

thatu chirang satang thammo
sangkho hotu samakkho wa
amhe rakkhatu samthammo
wutthing sampapuneyyama
pasanna hontu sapphepi
amma tharang pawetchanto
wutthiphawaya sattanang
mata pita cha attarachang
ewang thammena rachano

thammatthathara cha pukkhala
atthaya cha hitaya cha
sapphepi thammacharino
thamme ariyappawethite
panino phutthasasane
kale thewo pawatsatu
samitthang netu methaning
nitchang rakkanti puttakang
pachang rakkantu sappatha.





ทำวัตรเย็น Evening Chanting

yo so phakhawa arahang sammasamphuttho
sawakkhato yena phakhawata thammo
supatipanno yatsa phakhawato sawakasangkho
tammayang phakhawantang sathammang sasangkhang
imehi sakkarehi yatharahang aropitehi ahipuchayama
sathu no phante phakhawa suchiraparinipphutopi
patchimachanatanukampamanasa
ime sakkare thukkhatapannakaraphute patikkhanhatu
amhakang thikharattatang hitaya sukhaya.

arahang sammasamphuttho phakhawa
phutthang phakhawantang aphiwathemi.
sawakkhato phakhawata thammo
thammang namatsami.
supatipanno phakhawato sawakasangkho
sangkhang namami.

Lead: hantha mayang phutthatsa phakhawato pupphapha
khanamakaranchewa phutthanutsatinayancha karoma se.

All: namo tatsa phakhawato arahato sammasamphutthatsa.
namo tatsa phakhawato arahato sammasamphutthatsa.
namo tatsa phakhawato arahato sammasamphutthatsa.

tang kho pana phakhawantang ewang kanlayano kittisattho
apphuk khato, itipi so phakhawa arahang sammasamphuttho,
witchacharanasam panno sukhato lokawithu anuttaro
purisathammasarathi sattha thewamanutsanang phuttho phakhawati.

Lead: hantha mayang phutthaphikhiting karoma se.

All: phutthawarahantawaratathikhunaphiyutto
sutthaphiyanakarunahi samakhatatto
phothesi yo suchanatang kamalangwa suro
wanthamahang tamaranang sirasa chinenthang

phuttho yo sapphaninang saranang khemamuttamang
pathamanutsatithanang wanthami tang sirenahang
phutthatsahatsami thaso wa phuttho me samikitsaro
phuttho thukkhatsa khata cha withata cha hitatsa me
phutthatsahang niyyathemi sariranchiwitanchithang
wanthantohang charitsami phutthatsewa suphottang
natthi me saranang anyang phuttho me saranang warang
etena satchawatchena wattheyyang satthu sasane
phutthang me wanthalmanena yang puyyang pasutang itha
sapphepi antaraya me mahesung tatsa techasa.

kayena wachaya wa chetasa wa
phutthe kukammang pakatang maya yang
phuttho patikkhanhatu atchayantang
kalantare sangwaritung wa phuttha.

Lead: hantha mayang thammanutsatinayang karoma se.

All: sawakkhato phakhawata thammo , santhithiko akaliko ehi
patsiko , opanayiko patchattang wethitappho winyuhiti.

Lead: hantha mayang thammaphikhiting karoma se.

All: sawakkhatatathikhunayokhawasena soeijo
yo makkhapakapariyattiwimokkhaphetho
thammo kulokapatana tathatharithari
wanthamahang tamaharang warathammametang

thammo yo sapphaninang saranang khemamuttamang
thutiyanutsatitthanang wanthami tang sirenahang
thammatsahatsami thaso wa thammo me samikitsaro
thammo thukkhatsa khata cha withata cha hitatsa me
thammatsahang niyyathemi sariranchiwitanchithang
wanthantohang charitsami thammatsewa suthammatang
natthi me saranang anyang thammo me saranang warang
etena satchawatchena wattheyyang satthu sasane

thammang me wanthalamanena yang puyyang pasutang itha
sapphepi antaraya me mahesung tatsa techasa
kayena wachaya wa chetasa wa
thamme kukammang pakatang maya yang
thammo patikkhanhatu atcha yantang
kalantare sangwaritung wa thamme.

Lead: hantha mayang sangkhanutsatinayang karoma se.

All: supatipanno phakhawato sawakasangkho , uchupatipanno phakhawato sawakasangkho , yayapatipanno phakhawato sawakasangkho samichipatipanno phakhawato sawakasangkho , yathithang chattari purisayukhani attha purisapukkhala , esa phakhawato sawakasangkho , ahunoeiyo pahunoeiyo thakkhinoeiyanchalikaraniyo , anuttarang puyyakkhattang lokatsati.

Lead: hantha mayang sangkhaphikhiting karoma se.

All: satthammacho supatipattikhunathiyutto
yotthappitho ariyapukkhala sangkhasettho
silathithammapawarasayakayachitto
wanthamahang tamariyana khanang susutthang

sangkho yo sappapaninang saranang khemamuttamang
tatiyanutsatitthanang wanthalami tang sirenahang
sangkhatsahatsami thaso wa sangkho me samikitsaro
sangkho thukkhatsa khata cha withata cha hitatsa me
sangkhatsahang niyyathemi sariranchiwitanchithang
wanthantohang charitsami sangkhatopatipannatang
natthi me saranang anyang sangkho me saranang warang
eten a satchawatchachena wattheyyang sattathu sasane
sangkhang me wanthalamanena yang puyyang pasutang itha
sapphepi antaraya me mahesung tatsa techasa.

kayena wachaya wa chetasa wa
sangkhe kukammang pakatang maya yang
sangkho patikkhanhatu atchayangtang
kalantare sangwaritung wa sangkhe.



nm>สการพระอะระหันต> ๔ ทิศ

namatsakanphra-arahan

Lead: Hantha mayang saraphanyena phutthamangkhalakhathayo phanama se.

All: samphuttho thipathang settho konthanyo pupphaphakhe cha sariputto cha thakkhine patchimepi cha anantho mokkhanlano cha uttare ime kho mangkhala phuttha wantheta te cha amhehi etesang anuphawena nisinno chewa matchime akhaneyye cha katsapo haratiye upali cha phayapphe cha khawampati isanepi cha rahulo sapphe itha patitthita sakkarehi cha puchita sapphasotthi phawantu no itchewamatchantanamatsanoeiyang namatsamano ratanattayang yang punyaphisanthang wipulang alatthang tatsanuphawena hatantarayo.

คากานุชาพ>พระพ>ธ>ม>ส>ห>ิ>ง>ค

Khathabuchaphraphutthasihing

Lead: hantha mayang phutthapasangsa khathayo phutthasinghingkho namaphanama se.

All: iti pawarasihingkho
yattha kattha chittoso
sakalaphutthasasanang
suranarehi mahito
phutthasihingkha
prasoet tha kroekkrai
penthikhaoropnom
priapchenchawala
mueannuengphrasamphut
daendaiphradamrong
duaidetsitthisak
uttamayasopi techo
sakkaro upatho
chotayantowa thipo
tharamanowa phutthoti.
ubatma na daundai
dutkaiphrasatsada
manutphromthangthewa
satsanathiuyuenyong
suwisutphrachonkhong
phrasatkongkochamrun
tha phithak-anukun

phrasatbomisun
kha khokhaoropnom
phithak tha raksa
puangkha chaprakat
khophra-aphiban

phraphoemphunmahittha
wachikhomkhuenbucha
phrasatmatalotkan
phutthasathaiphaisan
chinamanniran thoen.

ອະຕີຕະປ່ຈຈະເວກຂະណະວິທີ Atitapatchawekkhanawithi

Lead: hantha mayang atitapatchawekkhana pathang phanama se.

All: atcha maya apatchawekkhitwa yang chiwarang pariphuttang , tang yawathewa sitatsa patikhataya , unnahatsa patikhataya , thangsamakasawatatasiringsapasamphatsanang patikhataya , yawa thewa hirikopinapatitchathanatthang.

atcha maya apatchawekkhitwa yo pinthapato pariputto , so newa thaway na mathaya na manthanaya na wippusnaya , yawathewa imatsa kayatsa thitiya yapanaya wihiingsuparatiya phrammachariyanukkhahaya , iti puranancha wethanang patihangkhami nawancha wethanang na up pathetsami , yatara cha me phawitsati anawatchata cha phasuwihiro chati.

atcha maya apatchawekkhitwa yang senasanang pariphuttang , tang yawathewa sitatsa patikhataya , unnahatsa patikhataya , thangsamakasawatatasiringsapasamphatsanang patikhataya , yawa thewa utuparitsayawinothanang patisanlanaramatthang.

atcha maya apatchawekkhitwa yo khilanapatchayaphesatchaparikkharo pariputto , so yawathewa uppannanang woeiyaphathikanang wethananang patikhataya , apphayapatchaparamatayati.



กรวดนำอิมนา kruatnam-imina

Lead: hantha mayang utthitsanathitthanakhathayo phanama se.

All: imina punyakammena *duaibunni-uthithai*
upatchayakhunuttara *upatchaphuloetkhun*
achariyupakara cha *lae-achanphukueanun*
matapita cha yataka *thangphomaelaepuangyat*
suriyo chanthima racha *sun chan laeracha*
khunawanta narapi cha *phusongkhunruesungchat*
phrammamara cha intha cha *phrommanlae-intharat*
lokapala cha thewata *thangthuaitheplaelokkaban*
yamo mitta manutsa cha *yommarat manut mit*
matchatta werikapi cha *phupenklang phuchongphlan*
sapphe satta sukhi hontu
khohaipensuksanthukthuanayathukthon
punyani pakatani me *bunphongthikhaphachaotham*
chongchuai-amnuaisupphaphon
sukhang cha tiwithangthentu *haisuksamyanglon*
khippang papetha wo matang *hailuthuengnippghanphlan*
imina punyakammena *duaibunnithiraotham*
imina utthitsena cha *lae-uthithaipuangsat*
khipahang sulaphe chewa *raophlandaisuengkantat*
tanhupathanachethanang *tuatanha-upathan*
ye santane hina thamma *singchuanaiduangchai*
yawa nipphanato mamang *kwaraochathuengnippghan*
natsantu sappatha yewa *malaisinchaksandan*
yattha chato phawe phawe *thuk thuk phopthiraokoet*
uchuchittang satipanya *michittrong laesatithangpanya-anprasoet*
sanlekho wiriyamhina *phromthangkhwamphianloet*
mara laphantu nokasang *penkhrueangkhutkilethai*
kaemumansinthanglai
katuncha wiryesu me *penchongprathutsarai*

thamlailangkhwamphianchom
 phutthathipawaro natho
 thammo natho waruttamo
 natho patchekaphuttho cha
 sangkho nathottaro mamang
 te sottamanuphawena *duai-anuphapnan*
 marokasang laphantu ma
 thasapunyanuphawena *duaidetbunthangsippong*
 marokasang laphantu ma *yapoet-okatkaemumanthoen.*

พรหมวิหารพระนาปารุ

Phromwihanpharanapatha

Lead: hantha mayang phrommawiharapharanapathang phanama se.

All: ahang sukhito homi *khohaikhaphachaochongmikhwamsuk*
 nitthukkho homi *khohaikhaphachaopratsachakthuk*
 awero homi *khohaikhaphachaopratsachakwen*
 apyapatcho homi *khohaikhaphachaopratsachakkhwamlambak*
 anikho homi *khohaikhaphachaopratsachak-upasakkhatkhong*
 sukhi attanang pariharami *penphuraksatonhaimikhwamsukthoet*
 sapphe satta *satthanglaithangpuang*
 sukhita hontu *chongpensukpensukthoet*
 sapphe satta *satthanglaithangpuang*
 awera hontu *chongpenphumaimiwenthaoet*
 sapphe satta *satthanglaithangpuang*
 apphayapatcha hontu *chongpenphumaibiatbiankan thoet*
 sapphe satta *satthanglaithangpuang*
 anikha hontu *chongpenphumaimithukkai thukchaithoet*
 sapphe satta *satthanglaithangpuang*
 sukhi attanang pariharantu *chongpenphumikhwamsuk raksatonthoet*
 sapphe satta *satthanglaithangpuang*
 sapphatthukkha pamutchantu *chongphonchakthukthangpuangthoet*
 sapphe satta *satthanglaithangpuang*
 latthasampattito ma wimutchantu *chongyapaiprassachaksombat-*
antondailaeothoet
 sapphe satta *satthanglaithangpuang*
 kammatsaka *mikampenkhongkhongton*
 kammathayatha *penphurapphonkhongkam*
 kammayoni *penphumikampenkamnoet*
 kammaphanthu *penphumikampenphaophan*
 kammapatisarana *penphumikampenthiphueng-asai*
 yang kammang karitsanti *chakthamkam-andaiwai*
 kanlayanang wa papakang wa *penbunrueopenbap*

tatsa thayatha phawitsanti *chakpenphurapphonkhongkamnansueppai*.



ດວຍពរពេជ្រ Buddha-jaya-mangala Gatha

itipi so phakhawa arahang sammasamphuttho
witchacharanasampanno sukhato lokawithu anuttaro
purisathammasarathi sattha thewamanutsanang phuttho phakhawati.

sawakkhato phakhawata thammo santhitthiko akaliko
ehipatsiko opanayiko patchattang wethitappho winyuhiti.

supatipanno phakhawato sawakasangkho uchupatipanno
phakhawato sawakasangkho yayapatipanno phakhawato
sawakasangkho samichipatipanno phakhawato sawakasangkho
yathithang chattari purisayukhani attha purisapukkhala esa
phakhawato sawakasangkho ahunoeiyo pahunoeiyo thakkhinoeiyo
anchalikaraniyo anuttarang punyakkhettang lokatsati.

phahung sahatsamaphinimmitasawuthantang
khrimekhalang uthitakhorasasenamarang
thanathithammawithina chitawa munintho
tantechasa phawatu te chayamangkhalani.

maratirekamaphiyutchitasappharattating
khorampanalawakamakkhamathatthayakkhang
khantisuthantawithina chitawa munintho
tantechasa phawatu te chayamangkhalani.

nalakhiring khachawarang atimattaphutang
thawakkhichakkamasaniwa sutharunantang
mettamphusekawithina chitawa munintho
tantechasa phawatu te chayamangkhalani.

Ukkhittakhakkhamatihatthasutharunantang

Thawantiyochanapathangkhulimalawantang
itthiphisangkhatamano chitawa munintho
tantechasa phawatu te chayamangkhalani.

kattawana katthamutharang iwa khapphiniya
chinchaya thutthawachanang chanakayamatche
santena somawithina chitawa munintho
tantechasa phawatu te chayamangkhalani.

satchang wihaya matisatchakawathaketung
wathaphiropitamanang ati-anthaphutang
panyapathipachalito chitawa munintho
tantechasa phawatu te chayamangkhalani.

nanthopananthaphuchakhang wiphuthang mahitthing
puttena theraphuchakhena thamapayanto
itthupathe sawithina chitawa munintho
tantechasa phawatu te chayamangkhalani.

thukkhahathitthiphuchakhena suthatthahatthang
phrommang wisutthichutimitthiphakaphithanang
yanakhathena withina chitawa munintho
tantechasa phawatu te chayamangkhalani.

etapi phutthachayamangkhala-atthakhatha
yo wachano thinathine sarate matanthi
hitwananekawiwithani chupatthawani
mokkhang sukhang athikhamoeiya naro sapanyo.

Mahakaruniko natho
puretawa parami sappa
etenasatchawatchena hotu
chayanto phothiya mule
ewang tawang wichayo hohi
aparachitapanlangke sise pathawipokkhare
aphiseke sapphaphutthanang
sunakkhattang sumangkhalang
sukhano sumuhuto cha suyitthang
pathakkhinang kayakammang
pathakkhinang manokammang
pathakkhinani kattawana

hitayasapphaninang
patto samphothimuttamang
te chayamangkhalang.
sakyanang nanthiwatthano
chayatsu chayamangkhale
akkhappatto pamothati
supaphatang suhutthitang
phrommacharisu
wachakammang pathakkhinang
panithi te pathakkhina
laphantatthe pathakkhine.

phawatu sapphamangkhalang
sapphaphutthanuphawena
phawatu sapphamangkhalang
sapphamanuphawena
phawatu sapphamangkhalang
sapphasangkhanuphawena

rakkantu sapphatewata
satha sotthi phawantu te.
rakkantu sapphatewata
satha sotthi phawantu te.
rakkantu sapphatewata
satha sotthi phawantu te

มงคลจักราพน้อย mongkhonchakwannoi

sapphaphutthanuphawena sapphamanuphawena
sapphasangkhanuphawena phuttharatantanang thammaratanang
sangkharatanang tinnang ratananang anuphawena
chatusitisahatsathammakkhanthanuphawena
pitakattayanuphawena chinasawakanuphawena sapphe te rokha
sapphe te phaya sapphe te antaraya sapphe te upatthawa sapphe
te thunnimitta sapphe te awamangkhala winatsantu ayuwatthako
thanawatthako siriwatthako yasawatthako phalawatthako
wannawatthako sukhawatthako hotu sapphatha.

thukkharo khaphaya wera soka sattu chupat thawa
aneka an taraya piwinat santu chatechasa
chayasit thithanang laphang sotthi phakyang sukhang phalang
siri a yuchawanno chaphokhang wutthi chayasawa
satawatsa cha ayu chachi wasitthi phawantu te.

โภชนาณโนทนาคถา phochananumothanakhatha

ayutho phalatho thiro wan natho patipha natho
sukhat satha ta methawi sukhang so athikhat chati
ayung thatwa phalang wannanang sukhan chapatiha natho
thikha yuyasawa hoti yatthayat thu papat chati ti.

อาภานาภิยະประิตตง atanatiyaparittang

sappharokhawinimutto sapphasantapawatchito
sapphaweramatikkanto nipphuto cha tuwang phawa.
sapphitiyo wiwat chantu sappharokho winatsatu

ma te phawatwantarayo sukhi thikhayuko phawa -
aphiwathanasiltsa nitchang wutthapachayino
chattaro thamma watthanti ayu wanno sukhang phalang.

